



Mar 13, 2019

AAU organized a workshop on happiness

In cooperation with the Family Development Foundation, the Deanship of Student Affairs at Al Ain University of Science and Technology, Al Ain campus, organized a lecture entitled “Plan for your happiness”, presented by Dr. Jabr Saleh Ali.

The lecturer discussed the ways to plan for happiness and life in a positive way, citing examples of strategic plans on which the United Arab Emirates operates and follow in its policy. He also talked about the planning of life and marriage and ways to choose a life partner in a right way to create a coherent family. Dr. Jabr supported the lecture with practical exercises to promote proper thinking.

[Press Release Link](#)