



Brief Course Descriptions

Course Title & No.	Brief Course Description
<p>Counseling Psychology 0408211</p>	<p>Through this course, students explore the concepts, trends, and practices in psychological counseling, covering subtopics such as its nature, foundations, psychological theories, the role of the client, and the various methods used in counseling. In addition, the course aims to identify the essential skills for psychological counseling and the factors that may influence it. Furthermore, the course seeks to establish connections between this field and other sciences. It also focuses on learning how to conduct individual and group counseling sessions, with an emphasis on ethical and professional approaches in dealing with clients. The course includes the study of practical cases and provides opportunities for students to develop their analytical and communication skills in this field, as well as how to create therapeutic plans for mental and psychological disorders and practical training on their implementation.</p>
<p>Introduction to Applied Psychology 0408212</p>	<p>This course aims to familiarize students with general psychology, its specializations, sub-topics, and applications. Additionally, it aims to acquaint students with the anticipated impact of applied psychology contributions on both local issues and global phenomena. The course also provides insight into the distinctions between applied psychology and other sciences regarding the formulation and resolution of questions. Furthermore, it briefly addresses research methods and measurements in psychological sciences, highlighting their role in interpreting the behavior of individuals and communities.</p>
<p>Introduction to Psychological Health 0408214</p>	<p>This course aims to define the concept of mental health while providing a comprehensive overview of the subject, with a focus on the concepts of adjustment and adaptation. The course covers psychological stress, workplace pressures, and daily life challenges, exploring how these stresses affect both mental and physical health. It delves into the relationship between physical aspects and psychological problems, emphasizing the importance of balance between physical and mental well-being. Additionally, the course includes topics on psychological adjustment and adaptation, exploring how individuals can effectively manage stress and life's challenges. Students will be introduced to theories and strategies of coping and will learn how to apply these concepts in real-life scenarios to achieve psychological balance and maintain good mental health.</p>
<p>Applied Behavior Analysis 0403231</p>	<p>This course aims to introduce the fundamental concepts and historical background of the applied behavior of humans and its modification. It also aims to equip students with the skills to analyze behavior, establish goals for treatment programs, and select appropriate behavior modification strategies for both normal and abnormal individuals. The objective is to construct or modify undesired behavior, shape or enhance positive behavior, and sustain its continuation. By</p>



	<p>the end of the course, students are expected to design a behavior modification pattern applicable to various psychological cases.</p>
<p>Action Research Skills 0408231</p>	<p>This course addresses action research, covering its concepts, objectives, types, and procedural steps. It focuses on developing action research skills, including the theoretical framework, design of research questions, tools, methods of data collection, and applications to both educational and non-educational challenges. The course's goal is to empower students to present research related to a problem or difficulty they encountered during their training, under the guidance of a supervisor, utilizing all the steps of action research.</p>



<p>Psychological Measurements and Tests 0408232</p>	<p>In this course, students are introduced to psychological and mental tests, learning how to administer various personality, mental, and projective tests. The course explains the relevant theories and identifies the clinical implications of each test. It covers the most important tests used in practical fields and the methods and techniques for collecting diverse information to reach accurate results. Additionally, the course explores the applications related to each test, offering students the opportunity to practice administering these tests, interpreting results in a way that supports accurate diagnosis and therapeutic interventions, and writing detailed case reports after completing the testing procedures.</p> <p>This course is essential for any student in the field of mental health or counseling, as it provides the necessary tools to understand and apply psychological tests in various practical contexts.</p>
<p>Statistics in Applied Psychology 0408235</p>	<p>This course aims to acquaint students with the principles of descriptive statistics, aiding in the interpretation of phenomena studied in applied psychology. It covers topics such as data presentation, distribution, measures of central tendency, measures of dispersion, correlation and regression analysis, hypothesis testing, and understanding variables.</p>
<p>Developmental Psychology and its Applications 0408237</p>	<p>This course aims to familiarize students with the concepts of developmental psychology in various aspects, including physical, kinesthetic, mental, emotional, and social dimensions, as well as the factors that positively and negatively influence development. The course also explores theories of human development, research methods in developmental psychology, and various developmental issues.</p>
<p>Introduction to Psychometrics 0408239</p>	<p>This course focuses on acquainting students with the concept of psychological measurements and various data collection tools (such as observation, interviews, tests, grading systems, and checklists). It aims to identify the principles and concepts related to psychological tests, along with methods for their construction and interpretation of results within the framework of applied psychology for use in diagnosis and treatment. The course also addresses psychological measurements, emphasizing the determination of test reliability and consistency, the influencing factors, and the necessary circumstances for their application. Ultimately, the course endeavors to establish connections between theories, tests, their results, and their practical applications across various fields.</p>
<p>Psychology of</p>	<p>This course aims to introduce students to the concept of personality, including its physiological, social, and psychological determinants, as well as the influence of cultural factors in shaping</p>



Personality 0408318	personality. Students will explore various personality theories that address personality from different perspectives, with a focus on how personality is affected by cultural and social factors. The course also covers personality disorders, methods of studying personality, and techniques for evaluating and adapting personality in social and cultural contexts. Additionally, it includes basic personality assessment tests and treatment methods, with emphasis on cultural differences in interpreting and applying these tests.
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<p>Experimental Psychology 0408319</p>	<p>This course covers practical, educational, and psychological applications conducted in the psychology lab. These experiments encompass psychological and educational aspects associated with the behavioral school. The lab experiments aim to validate theoretical concepts, such as the transmission of the impact of training and the holistic principle that the whole is greater than the sum of its parts. Examples of these experiments include learning experiments, kinesthetic task experiments, and recognition experiments.</p>
<p>Psychology of Individual Differences 0408321</p>	<p>This course defines individual differences and traces their developmental stages throughout history. It illustrates the influence of surrounding social and cultural circumstances on the creation of individual differences and explores their applications in various fields, including education. The course also examines the impact of environmental factors and heredity on these differences and explores how psychology interprets these variations and their roles in shaping individual behavior.</p>
<p>Cognitive Psychology 0408322</p>	<p>This course aims at familiarizing students with the cognitive activities such as perception, attention, memory, imagining, language, thinking, problem solving, and decision making. With a view to explaining perception problems</p>
<p>Industrial and Organizational Psychology 0408323</p>	<p>This course aims to familiarize students with the principles of industrial and organizational psychology, focusing on its concepts and the nature of the fields it encompasses. Particularly, it delves into the analysis of various forms of organizational behavior, their impact on institutional performance, and strategies for enhancing productivity. The course also addresses the role of psychology in administrative structures, employment, the psychological foundations of administrative organization, and their effects on productivity.</p>
<p>Clinical Psychology 0408324</p>	<p>This course aims to introduce students to the nature of clinical psychology, covering its history, development, fields, and significance. Additionally, it familiarizes students with the classifications of psychological and mental disorders, how to analyze these cases, and the tools and methods used to write psychological reports. Furthermore, the course guides students through various approaches to psychotherapy.</p> <p>The course focuses on the assessment and diagnosis of psychological disorders, training students in the use of clinical interviews, psychological testing, and behavioral evaluation to identify psychological disorders. It emphasizes the development of practical skills through clinical training and hands-on experiences. The course also addresses ethical, professional, and legal issues related to the practice of clinical psychology.</p>



<p style="text-align: center;">Social Psychology 0408325</p>	<p>This course aims to familiarize students with social psychology, its historical development, and related fields. It delves into contemporary psychological trends addressing social upbringing, social behavior, and influencing factors. Key topics covered in this course include research methodology in social psychology, the evolution of social psychology, various problems and phenomena addressed by the field, as well as the social behavior of individuals and communities and its societal impacts.</p>
<p style="text-align: center;">Psychology of Learning 0408326</p>	<p>The course on the Psychology of Learning addresses the concept of learning, its characteristics, and the methods used to measure it. It explores both ancient and modern theories of behavioral learning, cognitive learning, social learning theory, and the social information processing system.</p>
<p style="text-align: center;">Criminal Psychology 0408329</p>	<p>This course aims to familiarize students with theoretical frameworks and applied foundations that focus on interpreting the motivations behind criminal behavior. It also introduces students to the latest psychological methods used in interrogation, explores the psychological factors influencing crimes and the feasibility of punishment. Additionally, the course aims to identify standards of abnormal behavior, including tests and interviews that may assist in understanding and addressing criminal behavior.</p>
<p style="text-align: center;">Psychophysiology 0408335</p>	<p>This course explores the functions of various body organs and their relationship to behavior, including the central and peripheral nervous systems. It delves into the endocrine system, highlighting the role of each element in psychological and emotional well-being, and examines how different parts of the brain influence behavior, emotions, and thinking. The course provides students with a comprehensive discussion of the sensory organs. Additionally, it covers topics such as psychological stress, the effects of drugs on behavior, and the physiological causes of mental illnesses. The course also addresses the physiological foundations of emotions and the physiology of various behaviors such as sleep, dreams, language, and speech.</p>
<p style="text-align: center;">Psychology of Family Problems 0408417</p>	<p>This course aims to provide students with topics and issues related to family psychology by offering a comprehensive overview of the concept of the family as a psychosocial system, the interactions between family members, and the roles and positions associated with each family member. It also addresses family problems and helps in finding solutions using psychological and cognitive scientific methods, specifically through family counseling and therapy. The course covers the definition of the family concept, its functions, and</p>



	<p>characteristics, with a focus on the factors that have led to changes in its roles in marital and family life, as well as the elements of family cohesion and compatibility and the requirements for family growth at different stages of life. It also sheds light on some marital issues and challenges, and the role of family institutions in facing these challenges. Additionally, this course is concerned with studying the psychological functions of the family and their impact on shaping the children's personalities, whether in a healthy or unhealthy manner, dysfunctional family patterns, and family environments that generate illness. Moreover, the course introduces both quantitative and qualitative research in family psychology.</p>
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Psychology of Creativity 0408427	This course aims to familiarize students with the basic principles and concepts specific to creativity and creative thinking, accompanied by distinctive mental and intellectual abilities. The course also aims to present the factors influencing creative activity, the contexts in which creativity occurs, and the stages of creative processes. Additionally, the course seeks to identify the personality traits of creative individuals, focusing on thinking methods and the capacities necessary for developing creative abilities. Furthermore, the course will cover measurements and tools used to assess creative abilities, serving as benchmarks for evaluating individuals' creativity..
Psychology of Media 0408428	This course first aims to define media psychology and its connections with other sciences. It also seeks to identify the psychological effects exerted by media to influence individuals' personalities, exploring the psychological tools used for this purpose by starting with an understanding of behavior and the nature of human inclinations. Furthermore, the course delves into the nature of language used in media and psychological warfare, examining its relationship with the psychology of the audience.
Children and adolescents Psychological Problems 0408433	This course addresses contemporary psychological issues faced by children and adolescents, using principles of behavior analysis and identifying underlying causes. It aims to equip students with the theoretical skills in psychology to discover solutions and explanations for these problems, considering psychological motivations and societal impacts. The course includes a detailed explanation of the diagnostic criteria for childhood and adolescent disorders according to the DSM-5, covering issues such as depression and anxiety in children and adolescents, ADHD, autism spectrum disorders, learning difficulties, various behavioral disorders, and substance use and addiction in adolescents. Topics covered also include identifying the psychological needs of children and adolescents, understanding the causes of the psychological problems they may encounter, and exploring the role of the family in preventing or resolving these issues.
Behavioral and Psychological Consultation 0408438	In this course, students study the history, theory, practice, and methods in the fields of psychological counseling and clinical supervision. Students gain both theoretical and empirical knowledge, as well as practical skills necessary to work as counselors and clinical supervisors. The course also addresses the ethical and legal issues involved in providing counseling and supervision, offering a comprehensive understanding of how to apply these models in diverse professional settings. It explores scientific information from key psychological domains, such as managing various clinical cases, which is crucial for



	<p>understanding how these theories and counseling practices support psychological well-being. The course also covers the importance of the supervision process for the practitioner and the role of the supervisor as a teacher, consultant, or therapist.</p>
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<p>Special Topics in Applied Psychology 0408470</p>	<p>This course examines contemporary psychological crises, focusing on disorders linked to modern social developments. It explores cutting-edge topics such as the impact of social media on mental health, cyberpsychology, and AI in psychotherapy (including EMDR and digital EMDR). Additionally, the course delves into sustainability and environmental psychology, Digital Mental Health Interventions, Psychological Resilience in Crisis Situations, Psychology of Aging and Longevity, Eco-psychology, and the mental health effects of climate change. Students will analyze these advanced psychological phenomena, critically assess emerging issues, and propose innovative, evidence-based treatment methods. The course emphasizes the application of modern psychological theories to address today's complex mental health challenges, focusing on both technological advancements and environmental factors.</p>
<p>Practicum 0408490</p>	<p>This course aims to enable students to apply the knowledge and practical skills they have acquired during their study in the applied psychology program. The course is initially grounded in the theories and principles that students have studied, allowing them to practice in the labor market and identify problems related to applied psychology. The goal is to find practical solutions and establish connections with experienced professionals, facilitating the integration of theory with practice. Targeted training locations include schools, hospitals, care centers, addiction treatment centers, reformatories, comprehensive rehabilitation centers, and disabilities treatment centers, schools for people with special needs, or any other center practicing psychology or social services.</p>
<p>Psychopathology 0408327</p>	<p>This course aims to familiarize students with abnormal behavior and establish criteria for evaluating it. It focuses on the examination of mental disorders, behavioral issues, psychotic diseases, delinquency, and sexual deviations. Additionally, the course explores psychotic mental illnesses, including schizophrenia, mania, and depression, emphasizing diagnosis and symptom recognition. Practical skills are also a key focus, with an emphasis on diagnosing mental disorders based on the guidelines provided in the Statistical Diagnostic Manual (DSM-5).</p>